

ISLAND BREAKS

The College of The Holy Spirit

The Cathedral of The Isles

Millport

Isle of Cumbrae KA28 0HE



Programme 2010

<i>Dates</i>	<i>Cost (all-inclusive)</i>	<i>Description</i>
July - September Sunday afternoons at 3pm	Retiring collection	Music for a Summer Afternoon – concerts every Sunday afternoon at 3pm in The Cathedral of The Isles. Details - see www.island-retreats.org
8-12 July	£495 (£345 non-residential)	Classical Guitar Retreat. Residential participation fully booked, but to register an interest for non-residential participation or possible cancellations, contact Matthew McAllister (info@cgretrat.com)
12-15 July	£165 (£50 non-residential)	Art for Absolute Beginners led by Anthea Clarke. This is a practical course teaching some simple techniques in a relaxed, uncritical and fun environment - all materials will be provided.
23-26 July	From £160 per person full board.	Island Retreat - come as an individual, a couple or a small group and be part of a weekend retreat led by the Warden. Adjust your pace of life to a few days of saying Daily Office, Midday Eucharist, a little intellectual stimulation, lots of time for reflection and recreation and good home-cooking.
17-19 September	£110 (£30 non-residential)	Exploring themes in <i>The Cloud of Unknowing</i> led by the Rev'd Graeme Watson (London Christian Meditation Centre). This retreat is suitable for both beginners and more experienced people and will include times for sharing the practice of meditation together.
13-17 September or 27 September – 1 October	From £215 per person full board	Island Retreat - come as an individual, a couple or a small group and be part of a midweek retreat led by the Warden. Adjust your pace of life to a few days of saying Daily Office, Midday Eucharist, a little intellectual stimulation, lots of time for reflection and recreation and good home-cooking.
8-11 October	From £160 per person full board	Island Retreat - a weekend retreat led by the Warden – see above.
15-17 October [Conference 10am- 5pm on Saturday 16 October]	£50 per person per day Dinner, Bed & Breakfast plus £35 for Day Conference	Sermons in Stone – this “Butterfield” Weekend led by Jocelyn Cunliffe will explore the work of the Cathedral architect, William Butterfield, and the context of the nineteenth century Episcopal Church and its continuing influence. Music on Friday evening, Sung Eucharist on Sunday morning. Organised in partnership with

		Architectural Heritage Society of Scotland.
29-31 October	£100 (residential)	Friends of The Cathedral of The Isles AGM and Weekend (details to be announced)
28 November		Advent Carol Service at 3pm
29 December		Festival of Lessons and Carols at 3pm

Three star accommodation is provided in The College of The Holy Spirit adjacent to The Cathedral of The Isles. The College is set in 8 acres of woodland close to the sea. A historic building with modern facilities, the College has a variety of rooms (some with en-suite) and good home-cooking. The College provides Bed & Breakfast accommodation when possible and is also available for private bookings.

For more information on the retreats please contact:

David Todd, Warden, The College of The Holy Spirit – Tel. 01475-530353

Email: cathedral_cumbrae@btconnect.com

Website: www.island-retreats.org

Programme subject to variation. Please check the website for full details or ask to be put on the mailing list.